Time Banking in Action

1

Polly reads aloud to Andy and earns one Credit.

2

Polly spends her credit getting a ride to the doctor from Jonathon, who earns one Credit.

3

Jonathon spends his Credit getting help cleaning his apartment from John.

4

John spends his Credit on a home-cooked meal from Lanie. Lanie can then spend her Credit on?

One Hour = One Credit
All skills are considered equal!